



INTEGRATED
CHILDREN'S THERAPY

ICT Yoga Class

Promoting speech, language, and social development through yoga, mindfulness, and meditation.

With Jacki Rubin, CF, SLP, Certified in Creative Relaxation®
Yoga Therapy for Children with Autism and Special Needs

Benefits of Our "Little Yoga Connections" Class Include:

- Regulation Skills: How to Calm Mind & Body
 - Language Skills: Following Directions, Sequencing, Understanding Concepts, Using Imagination
 - Social Skills through Partner Poses
- Focusing on Gratitude, Mindfulness & More!



Sept 6th - Oct 11
Wednesdays 4-4:45
2103 Coral Way
Suite 702
Miami 33145
Ages 5-8, \$210
To Reserve a Spot
Call 305-443-2022



www.integratedchildrens.com